

COURSES FOR HUMAN DEVELOPMENT AND FAMILY STUDIES

Human Development and Family Studies Courses

HD101 Life Span Human Development

SB

Hours 3

An introductory survey of basic principles of human development across the life span. Developmental principles are studied within the framework of change and stability in the domains of the physical, cognitive, and psychosocial development. HD 101 counts toward the Social and Behavioral Sciences requirement of the UA Core.

Social and Behavioral Sciences

HD102 Honors Lifespan Human Development

SB, UH

Hours 3

An introductory survey of basic principles of human development across the life span. Developmental principles are studied within the framework of change and stability in the domains of the physical, cognitive, and psychosocial development. Additional emphasis in the honors section is made to develop critical thinking and research skills as applied to the study of human development. This course counts toward the Social and Behavioral Sciences requirement of the UA Core.

Social and Behavioral Sciences, University Honors

HD202 Child Dev-Infancy/Toddlr

Hours 3

The growth and development of the child from conception to three years of age are studied. Methods used in infant research, practical implications of research, and major theoretical issues and observational techniques are addressed. Three lecture hours, one laboratory hour per week. HD 202 and HD 205 cannot be taken in the same semester.

HD203 Medical Terminology

Hours 2

A study of medical language by exploring the structure, meaning and usage of terms frequently utilized in health care settings. A basic summary of the body systems is included.

Prerequisite(s): BSC 109, or BSC 114 and BSC 115, or BSC 215 and BSC 216, or BSC 118.

HD205 Early and Middle Childhood Development

Hours 3

The growth, development, and guidance of young children from three through eight years of age are studied. Practical implications of research and major theoretical issues and observational techniques are addressed. The importance of play in fostering a broad range of developmental goals for children is stressed. Three lecture hours, one laboratory hour per week. HD 202 and HD 205 cannot be taken in the same semester.

HD210 Understanding Addiction

Hours 3

This course is an examination of chemical addiction (e.g.drugs) and behavioral addiction (e.g.,gambling). Theories of addiction, treatment of addiction, and current research on addiction will be discussed.

Prerequisite(s): None

HD215 Foundations of Early Childhood Education

Hours 3

Focuses on the theory, philosophy and goals of early childhood education. Topics include the role of the teacher and of the environment as they influence children's learning and what it means to be an early childhood professional. This course provides students with an understanding of the appropriate practices to be used with young children, birth through age 5.

Prerequisite(s) with concurrency: HD 202 or HD 205

HD220 Research and Critical Thinking in Human Development and Family Studies

Hours 3

Introduction to the process of research in Human Development and Family Studies. Measurement, research design, and statistics with a heavy emphasis on critical thinking and drawing appropriate conclusions from research.

HD226 Introduction To Child Life

Hours 3

Provides students with an introduction to the field of child life.

HD262 Marriage And Family

Hours 3

A study of marriage and family relationships from a combination of sociological and psychological perspectives.

HD302 Child Dev-Adolescence

Hours 3

Introduction to the theory of and research on development of children ages nine to the early twenties. Special attention is given to major transitions in the cognitive, social, and moral domains, as well as to psychological effects of physical maturation. Influences of the family, the schools, and peer relations on adolescent development are considered.

HD321 Curriculum Planning in ECE I

Hours 3

The principles underlying the selection, use, and value of experiences that appropriately foster concept development and creative expression in young children are examined. Students design and implement developmentally appropriate experiences for young children in a supervised laboratory setting. Three lecture hours and one-and-a-half laboratory hours per week. For majors only.

Prerequisite(s): HD 202 and HD 205

HD322 Curriculum Planning in ECE II

Hours 3

Second in the sequence in which students examine the principles underlying the selection, use, and value of experiences that foster concept development and creative expression in young children. Students design and implement developmentally appropriate experiences for young children in a supervised laboratory setting. Three lecture hours and one-and-a-half laboratory hours per week. For majors only.

Prerequisite(s): HD 202, HD 205 and HD 321

HD325 Problems in Child/Adolescent Development

Hours 3

Examination of typical and atypical problems during child and adolescent development. The following will be covered: (1) approaches to conceptualizing, theorizing, studying, assessing, and treating problems in development and (2) prevalence, comorbidity, etiology, and developmental course of specific childhood/adolescent disorders.

Prerequisite(s): HD 101

HD326 Play in Child Development

Hours 3

The role and developmental value of play, including what can be learned from children's play, planning appropriate play-based activities, and play in special populations, with particular emphasis on play in children experiencing a healthcare event.

Prerequisite(s): HD 202 and HD 205

HD327 Assessment of Young Children

Hours 3

This course provides students with an understanding of the forms, functions, methods, and roles of assessment for planning and implementing effective early childhood programs for young children from diverse cultures and with varied learning needs. The students will gain an understanding of appropriate strategies for conducting, reporting, and decision making related to specific functions of assessment. Students are expected to become competent in the use of authentic assessment strategies to describe each child's learning strengths and instructional needs.

Prerequisite(s): HD 202 and HD 205

HD375 Foundations of Addiction Counseling

Hours 3

Examination of essential skills in addiction counseling including screening, assessment, referral, crisis intervention, counseling skills, case management skills, and ethics.

Prerequisite(s): HD 210

HD382 Parent And Family Devt

Hours 3

Explores the changing nature and dynamics of parent-child relationships. Implications for parenting strategies and parent education are included.

HD399 Prior Learning Human Development

Hours 1-30

No description available

HD400 ECE Internship Seminar

Hours 1

This course provides students a support mechanism to facilitate reflection and performance assessment through regularly scheduled seminars during teacher internship.

Prerequisite(s): Consent of instructor.

HD401 Cult Infl Child Yth Fam

W

Hours 3

This course is designed to understand race and ethnicity in its political, social and historical context. Since the culture in which we are raised as children and youth greatly influences our attitudes, beliefs, values and behaviors, it is important to gain an awareness of the cultural background of our own, as well as others' thoughts, feelings and acts. Writing proficiency is required for a passing grade in this course. A student who does not write with the skill normally required of an upper-division student will not earn a passing grade, no matter how well the student performs in other areas of the course. At the completion of this course, students should be able to recognize and appreciate the emotional and intellectual energies felt by a variety of subculture groups and be able to express this awareness through the written word.

Writing

HD405 Policy Issues: Family, Crime and Addictions

Hours 3

The impact of government policies on youth, adults, and families with addictions will be the focus of this course. The course will examine the intersection of addictions and crime, while exploring the policies and practices of specialty courts such as Juvenile Court, Family Court, Drug Courts and others. In addition, the students will review the current state of the family, family trends, and the implications for family policy. The varied effects that policies and programs can have on different types of families and different aspects of family functioning will be explored. The process of policy formation, implementation, evaluation and advocacy will be reviewed. Finally we will examine current economic and political forces that influence federal and state governments in development and implementation of key areas of legislation, and the impact of such policy on citizens and their families.

Prerequisite(s): None

HD412 Adult Development

W

Hours 3

Theories of and research on social, emotional, cognitive, and physical development throughout adulthood: young adulthood, middle adult years, and older adult years. Writing proficiency is required for a passing grade in this course. A student who does not write with the skill normally required of an upper-division student will not earn a passing grade, no matter how well the student performs in other areas of the course.

Writing

HD415 Addiction Prevention

W

Hours 3

Examination of prevention methods for substance use and addiction. Needs assessment, prevention strategies, program development, and program evaluation will be covered. Writing proficiency is required for a passing grade in this course. A student who does not write with the skill normally required of an upper-division student will not earn a passing grade, no matter how well the student performs in other areas of the course.

Writing

HD422 Admin Child Centers & Programs

W

Hours 3

Children's centers and programs, including child development and child life programs, are examined and evaluated. Legislation, standards, program planning, and practical aspects of financing, administration, supervision, and management are explored. Writing proficiency is required for a passing grade in this course. A student who does not write with the skill normally required of an upper-division student will not earn a passing grade, no matter how well the student performs in other areas of the course.

Prerequisite(s): Six credit hours of HD 200-499

Writing

HD426 Hospitalized Child Youth

Hours 3

Examination of the theoretical basis of the psychosocial care of children, youth, and families in health care settings. The etiology of childhood illness and disease, clinical procedures, communication techniques, and research literature are studied from a developmental perspective. 45 practicum hours are required. Restricted to HDFS students who have applied and formally been accepted to the concentration in Child Life.

HD445 Addiction and the Family

Hours 3

This course is an examination of the impact of substance abuse and addiction on the family as well as the influence of familial factors and family dynamics on addiction and the process of recovery.

HD450 Addiction: Treatment and Recovery

Hours 3

Examination of evidence-based treatment for addiction and the process of recovery from addiction.

Prerequisite(s): HD 210

HD451 Loss And Bereavement

Hours 3

Designed to give child life students opportunities for in-depth study of issues of grief and bereavement as they impact children and families. An emphasis is placed on theories of grief resolution and applications in health care settings. The class is conducted in a seminar format with out-of-class placements.

HD462 Interpersonal Relationships

Hours 3

The course examines the dynamics of interpersonal interaction related to the development and maintenance of relationships. Current issues and problems are explored and related to marital and family system characteristics.

HD472 Program Evaluation

Hours 3

Examines the principles and methods by which programs for children and families are empirically evaluated.

Prerequisite(s): Six credit hours of HD 200-499

HD475 Human Sexuality Sex Education

Hours 3

Current scientific knowledge of physiological, sociological, and psychological factors influencing sexual development and relations.

HD480 Children And Divorce

Hours 3

Examines the effects of divorce on children's cognitive and social-personality development. Implications for helping children of divorce is included.

Prerequisite(s): HD 101 or HD 262

HD483 Methods of Family Life Education

W

Hours 3

Opportunities to observe, plan, implement, and evaluate family life education programs. Standards and criteria leading to certified family life educator are overviewed. Professional responsibilities and ethics are emphasized. Writing proficiency within this discipline is required for a passing grade in this course.

Prerequisite(s): HD 382 and minimum of 90 semester hours

Writing

HD488 Senior Seminar

Hours 2

Examines philosophy of programs for families and children as well as issues of professional identity and influences on professional and career choices.

HD491 Direct Individ Study-Hd

Hours 1-6

Designed to enable students to pursue special needs and interests under supervision.

HD492 Dir Ind Study Fam Rel

Hours 1-3

Designed to enable students to pursue special needs and interests under supervision.

HD493 Directed Research

Hours 1-6

No description available

HD495 Early Childhood Ed Internship

Hours 1-12

Internship experience for Early Childhood Education majors only. Permission of the instructor required.

Prerequisite(s): HD 202 and HD 205 and HD 321 and HD 322

HD496 Child Life Internship

Hours 12

Internship experience for students in the child life concentration only. Permission of the instructor required.

Prerequisite(s): HD 202 and HD 205 and HD 321 and HD 322 and HD 426

HD497 Family Life Ed Adv Internship

Hours 6-12

Internship experience for students in family life education and advocacy concentration only. Permission of the instructor required.

Prerequisite(s): HD 483

HD498 Adolescent Youth Devel Intern

Hours 6-12

Internship experience for students in the Adolescence and Youth Development concentration only. Permission of the instructor required.

Prerequisite(s): HD 302

HD499 Internship in the Addiction Field

Hours 6-12

Internship experience for students in the Addiction and Recovery Major. Permission of the instructor required.

Prerequisite(s): HD 210 and HD 375 and HD 415 and HD 450. Permission of the instructor required.

HD500 Lifespan Human Development

Hours 3

This course will advance students' knowledge of the theories and research in human development across the lifespan. Major areas of study include: developmental theory and physical, cognitive, social and emotional development.

HD501 Child Development

Hours 3

Covers principles of growth and development, chief areas of concern in the field, and supporting research.

HD512 Adult Development

Hours 3

Theories of and research on development throughout adulthood; young adulthood, middle years and aging are presented.

HD535 Parent/Child Relationship

Hours 3

Theories and research on parent/child relationships and an examination of how the parent/child relationship influences aspects of child development. Basic models of parent education and parent involvement are also examined.

HD545 Addiction and the Family

Hours 3

This course is an examination of the impact of substance abuse and addiction on the family as well as the influence of familial factors and family dynamics on addiction and the process of recovery.

HD550 Hospitalzd Child & Youth

Hours 3

The developmental and psychological theories involved in the practice of child life in health care settings.

HD551 Loss And Bereavement

Hours 3

Provides students with a general overview of the grief processes as they impact children and families. Examines issues surrounding children's grief/bereavement and studies issues surrounding complicated mourning.

HD561 Theories Family Studies

Hours 3

Historical overview of and contemporary theoretical approaches for understanding family behavior. Theoretical perspectives (such as systems, exchange, developmental, behavioral, and symbolic interaction) are applied to family research and practice.

HD562 Dynamics Of Family Reltn

Hours 3

Study of interaction within the family, with emphasis on historical changes, major issues, marriage success and family strengths, and family processes such as communication and conflict patterns. A focus on ethnic and racial family forms is also included.

HD567 Pract Marriage Family Therapy

Hours 3

Provides students with preliminary supervised experience in a professional setting.

HD568 Pract I Marriage Family Thery

Hours 3

Provides students with supervised practice in marriage and family therapy.

HD576 Sem Human Sexuality

Hours 3

Discussion and analysis of underlying issues in human sexuality research.

HD580 Children and Divorce

Hours 3

Theory and research regarding effects of parental divorce on children's cognitive and social-personality development.

HD591 Sp Prob Hum Dev Fam Stdy

Hours 1-6

Provides an opportunity to pursue special needs and interests. Students work primarily on their own, but under supervision.

HD598 Research Practicum

Hours 1-6

Participation in a cooperative faculty/student research project related to human development.

HD599 Thesis Research

Hours 1-6

This independent research course partially fulfills required research hours toward a Plan I master's degree in HDFS. The course is conducted under the guidance of the thesis advisor. Material covered will be of an advanced nature aimed at providing master's students with an understanding of the latest research and current developments within the field. Discussion and advisor guidance will be directed towards readings of research articles and development of research methodology, with the aim of producing an original research contribution that represents a novel development in the field, or a novel perspective on a pre-existing topic in the field.

HD601 Advanced Child Development

Hours 3

Advances student's knowledge of the theories and research in child development. Major areas of study include: developmental theory and physical, cognitive and social development.

HD602 Adv Infant Development

Hours 3

Examination of theoretical bases for behavior in infancy, and review of research literature on attachment behavior and various topics of major concern.

HD603 Advanced Adolescent Development

Hours 3

Covers biological, cognitive, social-emotional, and moral development of adolescents in school, home, and community settings.

HD631 Readings Human Developmt

Hours 3

With an interdisciplinary approach to issues and concerns in life-span development, the course examines theory and research on selected topics.

HD640 Couple and Sex Therapy

Hours 3

This course is designed to introduce students to the diverse and complex dynamic of clinical work with couples. The course will provide an overview of two evidenced-based approaches to couples therapy (Gottman Method Couples Therapy & Integrative Behavioral Couples Therapy), and special issues related to couples therapy, sex therapy and infidelity. Throughout the course, students will develop intervention skills related to these approaches, and skills related to working with couples of diverse backgrounds.

HD641 Ethics and Professional Issues in Marriage and Family Therapy

Hours 3

This course is designed to examine in-depth the American Association for Marriage and Family Therapy's Code of Ethics as the primary guide to the ethical practice of Marriage and Family Therapists. Students will explore the legal, ethical, and professional issues affecting therapists in various practice settings. A major emphasis will be on students' development of their own process for ethical decision-making.

Prerequisite(s): HD 567

HD642 Systemic Assessment and Diagnosis of Psychopathology in MFT

Hours 3

This course will include a systemic and culturally sensitive overview of the major mental health disorders and other conditions that may be the focus of mental health treatment. Psychopharmacology will be introduced with discussion of common psychotropic medications used to treat mental health disorders. While the focus of this course is on diagnosis and assessment, treatment issues will be briefly touched on in reference to the disorders discussed.

Prerequisite(s): HD 641

HD645 Cultural Diversity in Marriage and Family Therapy

Hours 3

This course explores areas of cultural diversity relevant to the practice of marriage and family therapy. Learning to respond in a culturally sensitive manner and recognizing contextual and systemic dynamics as related to establishing productive therapeutic alliance and delivering successful intervention are included.

HD650 Evidence-based Approaches to Treating Substance Use Disorders

Hours 3

Graduate seminar covering evidence-based approaches to treating substance use disorders.

HD664 Family Therapy

Hours 3

Examination and application of Family Therapy methodological and theoretical counseling principles. Emphasis is on helping families overcome stresses and develop strategies in response to normative and non-normative life events.

HD665 Advanced Family Therapy

Hours 3

Theoretical underpinnings of emotionally focused therapy (EFT), narrative therapy, and experiential family therapy are presented. Students will become competent in the conceptualization and application of these models to individuals, couples, and families.

Prerequisite(s): HD 664, Family Therapy

HD667 Pract II Marriage Family Ther

Hours 3

Advanced supervised practice in marriage and family therapy.

Prerequisite(s): HD 567 and HD 568

HD668 Intern Marriage Family Therapy

Hours 1-6

Supervised field experience in an appropriate job setting in marriage and family therapy.

HD670 Internship in Child Life

Hours 1-12

Internship for students in the Child Life concentration. Permission of the instructor.

Prerequisite(s): Permission of the instructor.

HD689 Practicum Human Developm

Hours 3-6

Experience with human development in classroom teaching or agency settings.

HD699 Dissertation Research

Hours 1-12

This independent research course partially fulfills required doctoral-level research dissertation hours toward the doctoral degree. The course is conducted under the guidance of the dissertation advisor. Material covered will be of an advanced nature aimed at providing doctoral students with an understanding of the latest research and current developments within the field. Discussion and advisor guidance will be directed towards readings of research articles and development of research methodology, with the aim of producing an original research contribution that represents a novel development in the field, or a novel perspective on a pre-existing topic in the field.